



Swimsuit season is hardly the time to add fat — unless you're talking about moisture-packed body butters. Sun, wind, salt, and chlorine all dehydrate skin, and you expose a whole lot more of it to the elements now than in winter. The word "butter" may be a turnoff, but think of how the spread melts into warm bread. That's what happens when these products hit your body. Their sophisticated, nongreasy formulas make your skin smooth and creamy no matter the weather.



Canus Goat's Milk Body Butter

Forget the Billy Goats Gruff — this butter is all about suppleness. The pH of goat's milk is close to that of your skin, making it nondrying and fast absorbing. And the proteins are kind to sensitive skin (\$8 for 8 oz,

[Drugstore.com](#)).

Laura Mercier Body Butter in Clementine

The light citrus scent and fluffy texture dissolve into skin, which makes this a favorite in the *WH* office. And the velvety results of the nourishing sunflower, grape seed, olive, and soybean oils justify our addiction (\$40 for 5 oz, [Laura Mercier](#)).

Bliss Plum Plum Body Butter

This ultrasmooth formula is light enough for everyday use. But just in case the mouth-wateringly sweet, tangy aroma is too irresistible to those in your scent radius, consider using it sparingly (\$32 for 8.5 oz, [Bliss](#)).

Fresh Body Market Cherry Papaya Body Spread

One *WH* staffer breaks out if she comes within 3 feet of a can of Crisco, but this body butter didn't cause a single pimple. Plus, aloe vera and vitamin E soothe irritation without leaving behind an oil slick (\$8 for 3 oz, [Fresh Body Market](#)).

Grove's Olive Body Butter

Exposing your heels and toes in summer footwear makes them more prone to cracking. This hydrating team of shea butter and extra-virgin olive oil has potent emollients and antioxidants, so you can put your best foot forward (\$10, [Target](#)).

Fresh Sugar Shea Butter

This rich balm smells like a fizzy lime soda, but it's a lot better for you. Just a dab goes a long way toward erasing stubborn rough patches. And since shea butter melts at body temperature, making it easy to absorb, it's ideal for soothing extra-dry skin and giving — or receiving — massages (\$38 for 3.4 oz, [Fresh](#)).

LaLicious Coconut Cream Body Butter

After a day at the beach, treat your skin to a vacation with this whipped butter. It contains healing vitamin E

and almond oil (perfect if you skimmed on the SPF). And its honey and aloe help restore moisture (tiny umbrella not included) (\$22 for 8 oz, [LaLicious](#)).

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